

# Kindness into Action

NHS England and NHS Improvement Civility and Respect programme brings you a Kindness into Action masterclass to create and sustain kinder cultures in the NHS.

Kinder cultures lead to safer care and better outcomes. This masterclass supports the NHS People Plan and People Promise, and is recommended for Boards, Executives and senior leaders, across all clinical and non-clinical roles, in Health and Social Care. You will explore the evidence, practice kinder leadership and learn lessons from the front-line of kinder culture change.

## Agenda

Practical, interactive, evidence-based, 3-hour online workshop

- **Why kindness:** the evidence supporting the need for kinder cultures
- **Promoting kindness:** more good days at work in healthcare
- **Tackling rudeness:** fewer bad days at work in healthcare
- **A speak up culture:** empowering people to speak up safely
- **Values into action:** sustaining culture change through people processes
- **Be the change:** practical ways to add kindness to your leadership

**There are dedicated sessions for each NHS region.**

See the links on the following page to register and secure your place.

### **The masterclass will be led by Tim Keogh, of A Kind Life**

Over the past 10 years Tim has supported more than 50 healthcare organisations to nurture and sustain kinder, safer cultures. At pace and at scale. Along the way he's learned and will share in the workshop, what works, as well as what doesn't work, in shaping kinder cultures in healthcare. **You'll also get to hear stories, evidence and examples from other leaders in the kindness and civility movement**

# Kindness into Action

**There are dedicated sessions for each NHS region.**

Please click on the links or scan the QR code to secure your place.

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**NHS East of England** region, 15 Sept, 9am - 12  
Click [this link](#) or scan the QR code to register



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**NHS North East & Yorkshire** region, 22 Sept 9am – 12  
Click [this link](#) or scan the QR code to register



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**NHS South West** region, 5 Oct 9am - 12  
Click [this link](#) or scan the QR code to register



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**NHS South East** region, 7 Oct 9am - 12  
Click [this link](#) or scan the QR code to register



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**NHS Midland** region, 14 Oct 1.30 - 4.30pm  
Click [this link](#) or scan the QR code to register



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**NHS North West** region, 1 Nov 1.30 - 4.30pm  
Click [this link](#) or scan the QR code to register



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**NHS London** region, 24 Nov 1.30 - 4.30pm  
Click [this link](#) or scan the QR code to register



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**Extra date for ALL regions.** 11 Nov, 9am - 12  
In case you are unable to make the date for your region.  
Click [this link](#) or scan the QR code to register

