The London Social Partnership Forum

Health and Wellbeing Subgroup
Introduction to the London Health & Well Being subgroup

- The H&WB group is a subgroup of the London NHS Partnership and is chaired by Dr Andrew Barton, BMA and co-ordinated by Janine Prever, NHS Employers.

- The overarching purpose of this group is to assist in the improvement of the health and well-being of the London NHS workforce, both physically and mentally.

- The group has representation from Human Resources, Occupational Health, Trade Unions, ALBs and subject matter experts.

- The group met on a quarterly basis at either a London Trust or NHS Employers office in Victoria.
Aims and Objectives

• Promoting and sharing best practice, strategies and tools across the NHS in London to support external and internal joint working and awareness of evidence based workplace health interventions

• To work in partnership with NHS Employers to raise the profile of staff health and wellbeing in organisations

• To share information, knowledge and best practice via a round up session at the start of each meeting.

• To scope what data is available with the aim to improve this data where necessary and the ability to measure success
Achievements

• Following the group’s success in expanding the uptake of Trusts signing up to the “London Healthy Workforce Charter”, the group are looking at supporting the “Good Work Standard” which now encompasses the Charter.

• The group’s progress continues to be fed back at the London Regional SPF meetings

• The Health and wellbeing group has held each of it’s 2018 meetings at a different trust in order to see work being done locally at: Imperial, Barts Health and CNWL

• Good practice continues to be shared with some Trusts collaborating as a direct result of the subgroup particularly around menopause, sleep deprivation, physical activity providers, addressing bullying, staff survey results and financial wellbeing for staff.

• Attendance has increased as more London trusts join the group

• There continues to be collaboration and updates from NHS Employer’s national Health and Wellbeing group
During the past year the group have had presentations on the following items:

• Supporting the Spiritual in Holistic Health & Wellbeing

• Healthy Homerton: the journey

• Fatigue – Widening the audience

• Automated Health coach platform

• CNWL’s Staying Well at Work Service

• Barts Health Musculoskeletal Health In The Workplace Conference

• Art Therapy for staff and patients

• Ovarian Cancer Action

• Imperial’s Schwartz Rounds
Future dates

- 11\textsuperscript{th} June – 1.30 - 4.30
- 10\textsuperscript{th} September – 1.30 - 4.30
- 9\textsuperscript{th} December – 1.30 – 4.30

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